

A closer look into MYASTHENIA GRAVIS (MG)

WHAT IS MG?

- A rare autoimmune disease in which nerves and muscles don't communicate properly
- · Patients suffer from chronic, fluctuating muscle weakness
- MG may only affect the eyes for some
- When symptoms impact other body parts, it's referred to as generalized myasthenia gravis (gMG)

80,000 CASES

of MG are estimated to be in the United States



AVERAGE AGE OF SYMPTOM ONSET

years old

Ô MEN years old

MG IS MORE THAN **MUSCLE WEAKNESS**

In 2021, we surveyed 111 patients and 1 caregiver across the country. They answered questions about how symptoms affect them.



1=Not at all / 7=A lot

SAID SYMPTOMS ALWAYS **MAKE IT DIFFICULT TO PURSUE HOBBIES/ACTIVITIES**

83% **EXERCISING**

> 35% EATING MEALS

AFFECTED BY SYMPTOMS

ACTIVITIES THAT ARE MOST

37% DRIVING

68% HOUSE

23% **AT WORK**

GETTING DRESSED/ **READY FOR** THE DAY

47%

38% INTERACTING WITH LOVED ONES

38% PREPARING MEALS

ABOUT THE RESPONDENTS

111 PEOPLE LIVING WITH MG AGE 20 -85

69% FEMALE 30% MALE 1% NONBINARY

DIAGNOSED AT LEAST 2%

5 YEARS 47%



WHAT WE CAN LEARN FROM THE SURVEY

Many people with MG suffer in silence. Everyday activities we take for granted—interacting with loved ones, driving, eating, even just getting ready for the day—can be daunting in ways we can't see.

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With education and awareness, our community can empower patients to believe they're more than MG. They're what they love, who they love, and who they want to be.



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121 Seaport Blvd, Boston, MA 02210 US/UNB-g/0246 V2 01/2024